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- Heat some olive oil in a pan.
- Add 2 TBS finely chopped yellow onion, ½ T minced jalapeno and 1 minced garlic clove.
- Add 2 cups long grain rice. Brown the rice, stirring constantly, until rice is lightly browned .
- Add ½ cup tomato sauce.
- Add 3 ½ cups water.
- Bring to a boil, cover, reduce heat and simmer for 20 minutes.
- Fluff with fork.
- Serve and enjoy!

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