

Your Weekly Menu

Monday - Grilled Cheese, Bacon & Guacamole

Tuesday - Potato, Onion & Tomato Casserole

Wednesday - Beef & Garbanzo Curry

Thursday - BBQ Chicken Pizza

Friday - Shrimp Fajitas

Monday's grilled cheese sandwich has a Parmesan cheese crust and is filled with deliciousness. If you would like to keep it vegetarian omit the bacon without any problem. This is an easy meal that can be ready within minutes. You can go ahead and use store bought guacamole to save time if you want.

Tuesday's vegetarian casserole goes great with a side salad. It requires some work but not too bad. This is a wonderful dish. Make sure you serve some crusty bread with it. You can use this casserole as a side as well -- for another time that is!

Wednesday's beef curry is also a quick and easy meal. Go ahead and use canned garbanzo beans for this. Simply make sure you drain and rinse them before adding them to your curry. This is a very satisfying and tasty meal. Serve it with some white rice so that you can absorb the delish juices that come with it.

You can make Thursday's dinner with store bought pizza dough, Rotisserie chicken and store bought BBQ sauce. Dinner should be on the table within minutes. Serve this with a side salad if you like.

Friday's shrimp fajitas are a great way to end the week. Not to sound like a broken record or anything but make sure the shrimp is clean and that you do not over cook it. You could serve only the fajitas but if you get ambitious go ahead and make Mexican rice and refried beans to serve with your exquisite fajitas.