

Your Delish Weekly Menu

Monday – Bowtie Pasta with Shrimp

Tuesday – Chicken Quinoa Soup

Wednesday – Slow Cooker Pork Curry

Thursday – Lemon Garlic Tilapia

Friday – Chicken Enchiladas

Monday's pasta is not only pretty it is delicious and easy to make. This meal can be on the table within 30 minutes. It is light and healthy as well.

Tuesday's soup can be made a day ahead of time and reheated before dinner. In fact, it will probably taste better if you let it sit in the fridge for a day. This is a delectable nutritional bomb that goes beautifully with a piece of bread and butter.

Wednesday's pork curry is made with pork loin and practically cooks itself. You will be adding almost all your ingredients into a slow cooker and then finishing it up right before serving dinner.

Thursday's fish is made with a lot of garlic and cilantro. It will be cooked in the oven and you can use any firm white fish for it. This is a very clean and flavorful meal that cooks in minutes.

Friday's enchiladas can be made with store bought red enchilada sauce or you can make your own. Whatever you like. These are super easy to make and are finger licking good. Delish. Delish.