

## Weekly Menu

**MONDAY – Shrimp Tacos**

**TUESDAY – Cilantro Lemon Chicken Breast with Rice**

**WEDNESDAY – Pita Bread Portabella Mushroom Pizzas**

**THURSDAY – Thai Peanut Noodles**

**FRIDAY – Beef and Sausage Burgers**

Monday's shrimp tacos are fresh, light and delicious. They are very easy to make and are very satisfying. If you want you can purchase ready boiled shrimp at the grocery store. This will save you some time. Serve these on a couple of corn tortillas and enjoy a great meal.

Tuesday's chicken is loaded in flavor. You are basically going to cook thinly sliced chicken breast in a cilantro and lemon sauce that is vibrant and fresh. You can serve this with some rice if you want to sop up the sauce. Delicious.

Wednesday's pita bread pizzas are made with marinated portabella mushrooms, sun-dried tomatoes and mozzarella cheese. You can go ahead and marinate the mushrooms overnight for this recipe. Once you have that done this will come together very quickly.

Thursday's noodles are vegetarian but you can add chicken or shrimp to them if you would like. You can make these with flat rice noodles or with linguine or spaghetti. This is a delicious and easy weeknight meal that is sure to please.

Friday's burgers can be made in advance and frozen. Simply thaw them in the fridge the day before cooking them. You can cook these on the grill or on a griddle or skillet. They are made with half Italian sausage and half beef and are juicy and simply scrumptious.