



Conversions

Butter:

1 cup = 227 grams
1/4 cup = 57 grams
1/3 cup = 76 grams
1/2 cup = 113 grams

All-Purpose Flour and Confectioners' Sugar

1/8 cup (2 Tablespoons) = 16 grams
1/4 cup = 32 grams
1/3 cup = 43 grams
1/2 cup = 64 grams
2/3 cup = 85 grams
3/4 cup = 96 grams
1 cup = 128 grams

White Sugar (Granulated)

2 Tbsp = 25 grams
1/4 cup = 50 grams
1/3 cup = 67 grams
1/2 cup = 100 grams
2/3 cup = 134 grams
3/4 cup = 150 grams
1 cup = 200 grams

Packed Brown Sugar

1/4 cup = 55 grams
1/3 cup = 73 grams
1/2 cup = 110 grams
1 cup = 220 grams

Honey & Molasses

1/4 cups = 85 grams
1/3 cups = 113 grams
1/2 cups = 170 grams
2/3 cups = 227 grams

3/4 cups = 255 grams

1 cup = 340 grams

Tablespoons & Teaspoons

1 Tablespoon = 0.5 fluid oz or 14.79 ml

3 tsp = 1 Tablespoon

4 Tablespoons = 1/4 cup

16 Tablespoons = 1 cup